

Following motions will be voted on at the October 7th Group Conscience meeting.

1. Motion to increase the Hope Group Prudent Reserve (currently \$4k) to 2 times the current rent with a minimum of \$10K. We would contribute 50% of our excess 7th Tradition until we reach at least \$10K.
2. Motion to Accept new Hope Group meeting format shown below.

Hi. Thanks for your service.

The opportunity to chair a 12-step meeting is both a service opportunity and a unique chance to practice the principles learnt in A.A.

The chair opens and closes the meeting.

Before the meeting, please:

- Find volunteers to read How It Works and the promises.
- If there are more than **14** people attending the meeting, it is suggested to find a volunteer to be a timer.
(14 people x 3 minutes each = 42 minutes)
- **Please have the meeting open for discussion in the first 15 minutes of the meeting.**
- Please use only Conference approved literature for discussion.
- Please wrap up the meeting with 5 minutes left to allow time to read the promises and hand out chips.
- Please ensure that the room is clean and tidy after the meeting.

**This is especially important for all 8pm meetings
BE ABSOLUTELY CERTAIN THE COFFEE POTS ARE
TURNED OFF AT THE END OF THE NIGHT.
BE ABSOLUTELY CERTAIN THE DOORS HAVE CLOSED
COMPLETELY.**

After the meeting, please:

- Count the 7th tradition and place in the safe under the desk.
- Return all readings to the binder.
- Ensure the room is tidy.

Suggested Format for Hope Group Discussion **OPEN** Meeting

Find volunteers to read "How it Works" and the Promises. Please introduce a topic and turn the meeting over for discussion within the first 15 minutes.

- Good morning/afternoon/evening and welcome to the regular _____ meeting of the Hope Group of Alcoholics Anonymous. My name is _____ and I am an alcoholic.
- This is an **Open** Meeting of Alcoholics Anonymous, we are glad you are here, especially the newcomers. In keeping with our third tradition, which states that the only requirement for membership is a desire to stop drinking, we ask that all who participate confine their discussion to their problem with alcohol.

Please read the announcements from the clip board.

- Please take a moment to ensure that all digital devices are silenced. Let us open this meeting with a moment of silence for the alcoholic who still suffers - followed by the Serenity prayer:

God, grant me the serenity to accept the things I cannot change,
Courage to change the things I can, and
the wisdom to know the difference.

- Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

- Is there anyone here attending their first AA meeting ever?
- Is there anyone in their first 30 days who would like to introduce themselves by their first name only? We ask this not to embarrass you but so we may get to know you better.
- Are there any visitors from other AA groups who would like to introduce themselves?
- We have phone lists available on the desk – men for men, women for women. We have pamphlets and literature available, please see me after the meeting if you would like any of these. Hope Group also has newcomer meetings at 8pm on Tuesdays and Sundays.
- A sponsor is a person who is willing to work with you one-on-one and guide you through the 12 steps of Alcoholics Anonymous. If you are available to sponsor, please raise your hand.
- I have asked _____ to read a portion of Chapter 5, “How it Works”.
- Please limit your shares to 3 minutes – this allows everyone a chance to share.
Optional: I have asked ____ to be our timer – if the timer goes off while you are sharing, kindly wrap up your share and pass.
- Please refrain from crosstalk, person-specific feedback, or giving advice – we ask you to address the group as a whole.
- Halfway through the meeting I will pass the basket in accordance with AA’s 7th tradition which states all groups should be fully self-supporting declining outside contributions. There is a QR code attached to the basket if you prefer to donate electronically. If you have a court slip, place it in the basket and I will sign it. Be sure to pick it up from the desk at the after the meeting.

Introduce your topic.

If there is a newcomer our usual practice is to make the topic Step 1/Tradition 3. Sometimes it's appropriate to read the first couple pages of More about Alcoholism (Chapter 3) to get a first step meeting started.

PASS THE BASKET

Meeting wrap up with 5 minutes left:

- We have come to the end of our meeting – does anyone have a burning desire or something they absolutely need to share before we close?
- I have asked ____ to read the promises.
- We celebrate milestones in sobriety with chips.
 - Is there anyone celebrating 1 or multiple years of sobriety?
 - If you have an annual birthday, please put your name on the board. Birthday night is the last Saturday of every month.
 - Is anyone celebrating 18 months of sobriety? 9 months? 6 months? 3 months? 2 months? 1 month?
 - Would anyone like a desire chip, the most important chip, which is an outward symbol of an inward desire to try our way of life for the next 24 hours?
- Again, would the available sponsor please raise their hands?

Anonymity is the spiritual foundation of all our traditions. We share only the spirit of the messages we hear in meetings, not the specifics or person we heard it from. It is important for our sobriety that we respect the anonymity of all who are present, and we ask that you remember: "Whom you see here, what you hear here, when you leave here, let it stay here".

Please end the meeting with a prayer of your choice.